

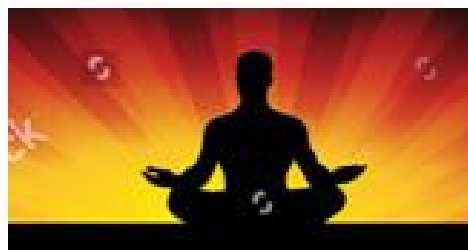


Embassy of India

Addis Ababa

**SHIFTING OF VENUE FOR FREE YOGA CLASSES
FROM INDIAN NATIONAL SCHOOL, PIASSA TO EMBASSY OF INDIA
FROM 25TH MARCH, 2019**

Learn Yoga and Stay Healthy



BENEFITS OF YOGA

- Physical fitness - Strength and Flexibility
- Mental peace, happiness and Contentment
- Self Control - Discipline and balance in life
- Love and Non-violence in the society

**HAVE NOT YET REGISTERED TO JOIN THE YOGA CLASSES,
MAY DO SO BY:**

- Sending scanned copy of Registration Form, duly filled in to
E-mail I.D. - yogaindia.addis@gmail.com
- Contacting Ref: Mr. P.K. Raghav, Teacher of Indian Culture,
Embassy of India, Addis Ababa, Ph. 0944143529
- By registering **ON LINE** through the Google Link: |
as mentioned in the Embassy's **Face Book** and Official Website

THOSE ALREADY REGISTERED AND ATTENDING CLASSES, NEED NOT DO SO AGAIN.

Venue

**Embassy of India,
Yeka Sub-city, (near Axum Hotel)
Addis Ababa**

Yoga class Timings

**6 to 7 P.M. - Monday to Friday
5 to 6 P.M. - Saturday**