



भारत का राजदूतावास, अदिस अबाबा

EMBASSY OF INDIA

POST BOX NO. 528

ADDIS ABABA

ETHIOPIA

Ayurveda Day 2020

Ayurveda Day 2020 was commemorated at Embassy of India in Addis Ababa on 13 November 2020. Various speakers at the event including Mr. Bhoopendra Nath Gupta, Associate Professor at Civil Services University, Ms. Hiwote Teshome, Dr. P Sivapakasam, Associate Professor at Addis Ababa Science and Technology University, Ms. Deborah Lundestorm, Ayurvedic practitioner/Yoga instructor and Mr. P K Raghav, Indian Culture Teacher underlined the importance and benefits of Ayurveda. The event concluded with prize distribution for winners of the Quiz competition on Ayurveda conducted by the Embassy.

Ayurveda Day was also celebrated at Assosa University in Benishangul Gumuz region with presentation on Ayurveda (12 November).

Besides the aforesaid events, information about Ayurveda and benefits of medicinal plants were posted regularly on Mission's social media as part of the celebrations of Ayurveda Day.

Addis Ababa

10 November 2020